

*CURRICULUM VITAE* (as of December 26, 2025)

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Education: 1983 B. A. (liberal arts) University of Tokyo  
1989 M. A. (economics) Yale University  
2002 Ph. D. (international public policy) Osaka University

Job career: 1983 Researcher, Economic Planning Agency, Japanese Government  
1990 Economist, J.P. Morgan  
1993 Associate Professor, Department of Economics, Ritsumeikan University  
1998 Associate Professor, Department of Education, Tokyo Gakugei University  
2003 Associate Professor, Graduate School of Economics, Kobe University  
2004 Professor, Graduate School of Economics, Kobe University  
2009 Professor, Institute of Economic Research, Hitotsubashi University  
(April 2017-March 2019) Director, Institute of Economic Research, Hitotsubashi University  
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Social activities (present):

Chairman, Central Social Insurance Medical Council,  
Ministry of Health, Labour and Welfare, Japanese Government

Publications (in English only)

Articles in peer-reviewed journals and books:

1. Mingjia Xie, Ting Yin, Yi Zhang, and Takashi Oshio, "The impact of fertility on older adults' healthcare utilization: the roles of health and wealth channels," *Economic Modelling*, forthcoming.
2. Takashi Oshio, Ruru Ping, and Ayako Honda, "Trends in income-related concentration and inequality in health in Japan: Evidence from population-based national surveys from 2001 to 2022," *Population Health Metrics*, in press.
3. Takashi Oshio, Ruru Ping, and Ayako Honda, "Income-related inequality and horizontal inequity in healthcare utilization under population aging and labor market changes in Japan," *International Journal for Equity in Health*, in press.
4. Takashi Oshio, Kemmyo Sugiyama, and Toyo Ashida, "Evolution of perceived social

support and its association with psychological distress among middle-aged and young-old Japanese: a longitudinal study," *BMC Public Health*, in press.

5. Ruru Ping, Bo Hu, and Takashi Oshio, "Paradoxical well-being: time use, psychological distress, and subjective well-being in informal caregiving," *The Journals of Gerontology. Series B, Psychological Sciences and Social Sciences*, forthcoming.
6. Takashi Oshio and Satoshi Shimizutani, "Comparing age-happiness relationships between Japan and Europe," *Journal of the Economics of Ageing*, 2025, 36, 100606.
7. Takashi Oshio, Kemmyo Sugiyama, and Toyo Ashida, "Informal caregivers' benefits of residing in a neighborhood with high social participation: a multilevel analysis in Japan," *Applied Research in Quality of Life*, 2025, 20, 161-175.
8. Takashi Oshio and Ruru Ping, "Can cessation of caregiving for parents relieve family caregivers' psychological distress? A longitudinal study using 17-wave nationwide survey data in Japan," *Journal of Epidemiology*, 2025, 35 (4), 187-194.
9. Courtney C. Coile, ... Takashi Oshio et al., "Social security and retirement around the world: lessons from a long-term collaboration," *Journal of Pension Economics and Finance*, 2025, 24 (1), 8-30
10. Ruru Ping, Bo Hu, and Takashi Oshio, "Evaluating the impact of a pilot programme for home- and community-based services on long-term care needs among older adults in China," *PLoS ONE*, 2024, 19 (11), e0311616.
11. Sachiko Nishida, Emiko Usui, Takashi Oshio, Naoya Masumori, and Kazufumi Tsuchihashi, "Motherhood penalty for female physicians in Japan: evidence from a medical school's alumni data," *BMC Health Services Research*, 2024, 24, 1183.
12. Takashi Oshio, "Evolution of psychological distress with age and its determinants in later life: evidence from 17-wave social survey data in Japan," *BMC Public Health*, 2024, 24, 2377.
13. Takashi Oshio and Satoshi Shimizutani, "Well-being paradox: comparing the age-happiness relationship across Japan, China, and the US," *Japanese Economic Review*, 2024, 75, 547-562.
14. Meilian Zhang, Ting Yin, Emiko Usui, Takashi Oshio, and Yi Zhang, "Unraveling the determinants of overemployment and underemployment among older workers in Japan: a machine learning approach," *Japanese Economic Review*, 2024, 75, 691-737.
15. Shizuka Shimabukuro, Takashi Oshio, Takahiro Endo, Satoshi Harada, Yushiro Yamashita, Akemi Tomoda, Boliang Guo, Yuko Goto, Atsuko Ishii, Mio Izumi, Yukiko Nakahara, Kazushi Yamamoto, David Daley, and Gail Tripp, "A pragmatic randomized controlled trial of the effectiveness and cost effectiveness of Well Parent Japan (WPJ) in routine care in Japan: the Training And Nurturing Support FOR Mothers (TRANSFORM) study," *Journal of Child Psychology and Psychiatry*, 2024, 65 (12), 1624-1637.
16. Takashi Oshio, Kemmyo Sugiyama, and Toyo Ashida, "Can social participation reduce and postpone the need for long-term care? Evidence from a 17-wave nationwide survey in Japan," *Applied Research in Quality of Life*, 2024, 19, 1293-1308.
17. Aiko Kikkawa, Takashi Oshio, Yasuyuki Sawada, Satoshi Shimizutani, Naohiro Ogawa, Albert Park, and Tetsushi Sonobe, "Health capacity to work among older persons in Asia: key findings from a regional comparative study," *Asian Development Review*, 2024, 41(1), 95-

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18. Takashi Oshio, Satoshi Shimizutani, and Aiko Kikkawa, "Health capacity to work among older Japanese persons," *Asian Development Review*, 2024, 41(1), 5 -37.
19. Kemmyo Sugiyama, Takashi Oshio, Susumu Kuwahara, and Hiromi Kimura, "Association between having a primary care physician and health behavioral intention in Japan: results from a nationwide survey," *BMC Primary Care*, 2023, 24, 280.
20. Ruru Ping and Takashi Oshio, "Educational inequalities in self-rated health and their mediators in late adulthood: comparison of China and Japan," *PLoS ONE*, 2023, 18(9), e0291661.
21. Takashi Oshio and Ruru Ping, "Trust, interaction with neighbors, and vaccination during the COVID-19 pandemic: a cross-sectional analysis of Chinese data," *Vaccines*, 2023, 11, 1332.
22. Ruru Ping and Takashi Oshio, "Education level as a predictor of the onset of health problems among China's middle-aged population: Cox regression analysis," *Frontiers in Public Health*, 2023, 11, 1187336.
23. Takashi Oshio, Kemmyo Sugiyama, and Toyo Ashida, "Effect of social activities on health checkups and recommended doctor visits: a fixed-effects analysis in Japan," *Industrial Health*, 2023, 61(6), 446-454.
24. Takashi Oshio, Hiromi Kimura, Shingo Nakazawa, and Susumu Kuwahara, "Evolutions of self-rated health and social interactions during the COVID-19 pandemic affected by pre-pandemic conditions: Evidence from a four-wave survey," *International Journal of Environmental Research and Public Health*, 2023, 20(5), 4594.
25. Takashi Oshio and Satoshi Shimizutani, "Will working longer enhance the health of older adults? A pooled analysis of repeated cross-sectional data in Japan," *Journal of Epidemiology*, 2023, 33(1), 15-22.
26. Takashi Oshio, Hiromi Kimura, Toshimi Nishizaki, and Susumu Kuwahara, "Pre-pandemic social isolation as a predictor of the adverse impact of the pandemic on self-rated health: A longitudinal COVID-19 study in Japan," *Preventive Medicine*, 2022, 164, 107329.
27. Takashi Oshio, Kemmyo Sugiyama, and Toyo Ashida, "Impact of residing in neighborhoods of high social participation on health of retired workers: A multilevel analysis using nationwide longitudinal data in Japan," *SSM-Population Health*, 2022, 20, 101281.
28. Takashi Oshio, "Is caring for grandchildren good for grandparents' health? Evidence from a fourteen-wave nationwide survey in Japan," *Journal of Epidemiology*, 2022, 32(8), 363-369.
29. Takashi Oshio, Hiromi Kimura, Toshimi Nishizaki, and Susumu Kuwahara, "At which area level does COVID-19 infection matter most for an individual's self-rated health? A multilevel fixed-effects model analysis in Japan," *International Journal of Environmental Research and Public Health*, 2022, 19(15), 8918.
30. Takashi Oshio and Kemmyo Sugiyama, "Social participation as a moderator for caregivers' psychological distress: A dynamic panel data model analysis in Japan," *Applied Research in Quality of Life*, 2022, 17, 1813–1829.

31. Takashi Oshio and Ryota Nakamura, "Trends and determinants of cigarette tax increases in Japan: the role of revenue targeting," *International Journal of Environmental Research and Public Health*, 2022, 19(8), 49892.
32. Takashi Oshio, Kemmyo Sugiyama, and Toyo Ashida, "Does residing in a neighborhood of high social participation postpone deterioration in health among middle-aged adults? A multilevel survival analysis in Japan," *Journal of Urban Health*, 2022, 99(2), 235-244.
33. Shizuka Shimabukuro, David Daley, Takahiro Endo, Satoshi Harada, Akemi Tomoda, Yushiro Yamashita, Takashi Oshio, et al., "The effectiveness and cost-effectiveness of Well Parent Japan for Japanese mothers of children with ADHD: Protocol for a randomized controlled trial," *JMIR Research Protocols*, 2022, 11(4), e32693.
34. Peng Zhan, Xinxin Ma, Takashi Oshio, and Yibo Mao, "The elderly's health capacity to work in China," *China Economic Journal*, 2022, 15(1), 77-92.
35. Yuki Sekine and Takashi Oshio, "Equity and efficiency in the safety net: social security law," in Takashi Yanagawa, Hiroshi Takahashi, and Shinya Ouchi eds., *Econo-Legal Studies*, Springer, 2021, pp. 121-148.
36. Takashi Oshio, Akiomi Inoue, and Akizumi Tsutsumi, "Role ambiguity as an amplifier of the association between job stressors and workers' psychological ill-being: evidence from an occupational survey in Japan," *Journal of Occupational Health*, 2021, 63(1), e12310.
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38. Takashi Oshio, "Job dissatisfaction as a predictor of poor health among middle-aged workers: a 14-wave hazards-model analysis in Japan," *Scandinavian Journal of Work, Environment & Health*, 2021, 47(8), 594-599.
39. Takashi Oshio, "What factors affect the evolution of the wife's mental health after the husband's retirement? Evidence from a population-based nationwide survey in Japan," *Journal of Epidemiology*, 2021, 31(5), 308-314.
40. Takashi Oshio, "Association between area-level risk of job instability and workers' health: a multi-level analysis using population-based survey data from Japan," *Journal of Epidemiology*, 2021, 31(3), 203-209.
41. Takashi Oshio, Hiromi Kimura, Toshimi Nishizaki, and Takashi Omori, "How does area-level deprivation depress an individual's self-rated health and life satisfaction? Evidence from a nationwide population-based survey in Japan," *BMC Public Health*, 2021, 21,523.
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43. Masaki Okuda, Yukinobu Ichida, Keita Yamane, Rika Ohtsuka, Miwa Yamaguchi, Rei Goto, Atsuhiro Yamada, Atsushi Sannabe, Naoki Kondo, and Takashi Oshio, "Preferences for the forms of co-payment and advance payment in healthcare services; a discrete choice experiment," *Asian Pacific Journal of Health Economics and Policy*, 2021, 2(2).

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46. Takashi Oshio, "Lingering impact of starting working life during a recession: health outcomes of survivors of the "employment ice age" (1993–2004) in Japan," *Journal of Epidemiology*, 2020, 30(9), 412-419.
47. Takashi Oshio, "Why is future design needed in Japan? Public finance perspective," in Tatsuyoshi Saijo ed., *Future Design*, Springer, 2020, pp. 187-196.
48. Xinxin Ma, Xiangdan Piao, and Takashi Oshio, "Impact of social participation on health among middle-aged and elderly adults: evidence from longitudinal survey data in China," *BMC Public Health*, 2020, 20, 502.
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50. Takashi Oshio, "Exploring the health-relevant poverty line: a study using the data of 663,000 individuals in Japan," *International Journal for Equity in Health*, 2019, 18:205.
51. Takashi Oshio, "Is a positive association between female employment and fertility still spurious in developed countries?" *Demographic Research*, 2019, 41(45), 1277-1288. (selected as an Editor's Choice in Volume 41)
52. Takashi Oshio and Mari Kan, "Does social participation accelerate psychological adaptation to health shocks? Evidence from a national longitudinal survey in Japan," *Quality of Life Research*, 2019, 28, 2125-2133.
53. Takashi Oshio and Mari Kan, "Which is riskier for mental health, living alone or not participating in any social activity? Evidence from a population-based eleven-year survey in Japan," *Social Science & Medicine*, 2019, 233, 64-70.
54. Takashi Oshio and Mari Kan, "Educational level as a predictor of the incidences of non-communicable diseases among middle-aged Japanese: a hazards-model analysis," *BMC Public Health*, 2019, 19, 852.
55. Takashi Oshio and Satoshi Shimizutani, "Health capacity to work and its long-term trend among the Japanese elderly," *Journal of the Japanese and International Economies*, 2019, 51, 76-86.
56. Masashige Saito, Naoki Kondo, Takashi Oshio, Takahiro Tabuchi, and Katsunori Kondo, "Relative deprivation, poverty, and mortality in Japanese older adults: a six-year follow-up of the JAGES cohort survey," *International Journal of Environmental Research and Public Health*, 2019, 16(2), 182.
57. Takashi Oshio and Mari Kan, "Preventive impact of social participation on the onset of non-communicable diseases among middle-aged adults: a 10-wave hazards-model analysis in Japan," *Preventive Medicine*, 2019, 118, 272-278.

58. Takashi Oshio, "Association between successful smoking cessation and changes in marital and job status and health behaviours: evidence from a 10-wave nationwide survey in Japan," *BMC Public Health*, 2018, 18:1051.
59. Takashi Oshio and Mari Kan, "Impact of parents' need for care on middle-aged women's lifestyle and psychological distress: evidence from a nationwide longitudinal survey in Japan," *Health and Quality of Life Outcomes*, 2018, 16, 63.
60. Takashi Oshio, Akiomi Inoue, Akizumi Tsutsumi, "Associations among job demands and resources, work engagement, and psychological distress: fixed-effects model analysis in Japan," *Journal of Occupational Health*, 2018, 60, 254-262.
61. Takashi Oshio and Emiko Usui, "How does informal caregiving affect daughters' employment and mental health in Japan?" *Journal of the Japanese and International Economies*, 2018, 49, 1-7.
62. Takashi Oshio, "Widening disparities in health between educational levels and their determinants in later life: evidence from a nine-year cohort study," *BMC Public Health*, 2018, 18:278.
63. Takashi Oshio, Akiomi Inoue, Akizumi Tsutsumi, Tomoko Suzuki, and Koichi Miyaki, "The reciprocal relationship between sickness presenteeism and psychological distress in response to job stressors: evidence from a three-wave cohort study," *Journal of Occupational Health*, 2017, 59, 552-561.
64. Takashi Oshio, Akiomi Inoue, and Akizumi Tsutsumi, "Examining the mediating effect of work-to-family conflict on the associations between job stressors and employee psychological distress: a prospective cohort study," *BMJ Open*, 2017, 7, e015608.
65. Takashi Oshio and Mari Kan, "The dynamic impact of retirement on health: evidence from a nationwide ten-year panel survey in Japan," *Preventive Medicine*, 2017, 100, 287-293.
66. Takashi Oshio, Akiomi Inoue, and Akizumi Tsutsumi, "Does work-to-family conflict really matter for health? Cross-sectional, prospective cohort and fixed-effects analyses," *Social Science & Medicine*, 2017, 175, 36-42.
67. Takashi Oshio and Emiko Usui, "Informal parental care and female labor supply in Japan," *Applied Economics Letters*, 2017, 24(9), 635-638.
68. Takashi Oshio, "Which is more relevant for perceived happiness, individual-level or area-level social capital? A multilevel mediation analysis," *Journal of Happiness Studies*, 18 (3), 2017, 765-783.
69. Kayo Nozaki and Takashi Oshio, "Multidimensional poverty and perceived happiness: Evidence from China, Japan, and Korea," *Asian Economic Journal*, 30 (3), 2016, 275-293.
70. Satoshi Shimizutani and Takashi Oshio, "Public pension benefits claiming behavior: new evidence from the Japanese Study on Aging and Retirement," *Japanese Economic Review*, 2016, 67 (3), 235-256.
71. Takashi Oshio and Mari Kan, "How do social activities mitigate informal caregivers' psychological distress? Evidence from a nine-year panel survey in Japan," *Health and Quality of Life Outcomes*, 2016, 14:117.
72. Takashi Oshio, Akizumi Tsutsumi, and Akiomi Inoue, "Can leisure-time physical activity

improve health checkup results? Evidence from Japanese occupational panel data," *Journal of Occupational Health*, 2016, 58 (4), 354-364.

73. Emiko Usui, Satoshi Shimizutani, and Takashi Oshio, "Are Japanese men of pensionable age underemployed or overemployed?" *Japanese Economic Review*, 2016, 67 (2), 150-168.
74. Kenji Shibuya, Takashi Oshio et al., "Protecting human security: Proposals for the G7 Ise-Shima Summit in Japan," *Lancet*, 2016, 387(10033), 2155-2162
75. Takashi Oshio and Maki Umeda, "Gender-specific linkages of parents' childhood physical abuse and neglect with children's problem behaviour: evidence from Japan," *BMC Public Health*, 2016, 16:403.
76. Takashi Oshio, Akizumi Tsutsumi, and Akiomi Inoue, "The association between job stress and leisure-time physical inactivity adjusted for individual attributes: evidence from a Japanese occupational cohort survey," *Scandinavian Journal of Work, Environment & Health*, 2016, 42(3), 228-236.
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78. Maki Umeda, Takashi Oshio, and Mayu Fujii, "The impact of the experience of childhood poverty on adult health-risk behaviors in Japan: a mediation analysis," *International Journal for Equity in Health*, 2015, 14(145).
79. Takashi Oshio, "How is an informal caregiver's psychological distress associated with prolonged caregiving? Evidence from a six-wave panel survey in Japan," *Quality of Life Research*, 2015, 24(12), 2907-2915.
80. Takashi Oshio and Seiichi Inagaki, "The direct and indirect effects of initial job status on midlife psychological distress in Japan: Evidence from a mediation analysis," *Industrial Health*, 2015, 53(4), 311-321.
81. Takashi Oshio, Akizumi Tsutsumi, and Akiomi Inoue, "Do time-invariant confounders explain away the association between job stress and workers' mental health? Evidence from Japanese occupational panel data," *Social Science & Medicine*, 2015, 126, 138-144.
82. Takashi Oshio and Mari Kan, "Multidimensional poverty and health: Evidence from a nationwide survey in Japan," *International Journal for Equity in Health*, 2014, 13, 128.
83. Mayu Fujii, Takashi Oshio, and Satoshi Shimizutani, "Self-rated health status of the Japanese and Europeans in later life: Evidence from JSTAR and SHARE," *Japanese Economic Review*, 2014, 65(4), 483-498.
84. Takashi Oshio, "The association between involvement in family caregiving and mental health among middle-aged adults in Japan," *Social Science & Medicine*, 2014, 115, 121-129.
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86. Takashi Oshio and Kunio Urakawa, "The association between perceived income inequality and subjective well-being: Evidence from a social survey in Japan," *Social Indicators Research*, 2014, 116(3), 755-770.

87. Takashi Oshio, Maki Umeda, and Mayu Fujii, "The association of life satisfaction and self-rated health with income dynamics among male employees in Japan," *Japan and the World Economy*, 2013, 28, 143-150.
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92. Kazumasa Oguro, Takashi Oshio and Junichiro Takahata, "Ability transmission, endogenous fertility, and educational subsidy," *Applied Economics*, 2013, 45(17), 2469-2479.
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94. Masakazu Hojo and Takashi Oshio, "What factors determine student performance in East Asia? New evidence from TIMSS 2007," *Asian Economic Journal*, 2012, 26(4), 333-357.
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96. Takashi Oshio, "Gender differences in the associations of life satisfaction with family and social relations among the Japanese elderly," *Journal of Cross-Cultural Gerontology*, 2012, 27(3), 259-274.
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100. Kunio Urakawa and Takashi Oshio, "Comparing marginal commodity tax reforms in Japan and Korea," *Journal of Asian Economics*, 2010, 21(6), 579-592.
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Other articles:

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2. Xinxin Ma and Takashi Oshio, "Public pension and health among rural middle-aged and older adults" in Xinxin Ma ed., *Public Pension Reforms in China*, Springer, 2023, pp. 247-262.
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