## Pension Reform with Trust and Sustainability

Is it tolerable to raise the pension contributions? Is it acceptable to cut down the benefits across the board? This book gives specific suggestions to revive the battered reputation of the pension system.

How do we share the burden of the 600 billion yen excess liabilities? And how do we regain the trust of the pension system that the younger generations have lost? To give concrete answers to these questions is the major purpose of this book. What people need now, is the structural reform of burden-sharing.

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## Health Care Reform in Japan

Rapid population ageing, IT and medical developments, changes in the disease structure, etc.. The surroundings around the medical system of Japan is drastically changing. Under the current health service system with its strongly regulated nature, equity and efficiency in the medical resource allocation are undermined.

This book uses the enormous receipt data to analyze the patient's consultation action, the regional differences in medical fees and services, and the actual conditions of terminal care. Specific policy recommendations to increase efficiency and quality of medical services are made.

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# pie news No. 10

4 October 2004

Administration Office

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<sup>\*</sup> a paper in Japanese